LIFE HEALTHCARE GROUP HOLDINGS LIMITED Incorporated in the Republic of South Africa Registration number: 2003/002733/06 ISIN: ZAE000145892 Share Code: LHC ("Life Healthcare" or "the Company")

TRADING STATEMENT

In terms of the Listings Requirements of the JSE Limited, companies are required to provide guidance to the market when they are satisfied that a reasonable degree of certainty exists that the financial results for the forthcoming reporting period will differ by at least 20% from the results of the previous corresponding reporting period.

Accordingly, shareholders are advised that Life Healthcare's results for the six months ended 31 March 2014 are expected to show an improvement of more than 20% from those reported for the six months ended 31 March 2013. This expected improvement is largely due to Life Healthcare's disinvestment of its 49.3% shareholding in Joint Medical Holdings Limited. However, as it is quite early in the reporting period, the Company cannot, with reasonable certainty, quantify the extent by which its results for the six months ended 31 March 2014 will exceed the 20% range required by the JSE Limited Listings Requirements.

It is expected that a further trading statement for the six months ended 31 March 2014 will be issued later in the reporting period, and by no later than 25 April 2014.

The financial information on which this trading statement is based has not been reviewed and reported on by the Company's external auditors.

Illovo 7 March 2014

Sponsor RAND MERCHANT BANK (A division of FirstRand Bank Limited)